



Cromarty Road, Floreat WA 6014
T 9383 9022 F 9387 4740
E churchlands.ps@education.wa.edu.au
W churchlandsp.s.wa.edu.au

25 August 2016

Total Reaction Screen

After trialling the Total Reaction System with our 7-11 years old students over a four week period we have seen improvement in concentration and awareness in the throwing and catching skills of the students. With the assistance of the Total Reaction Screen it put the students in an artificial pressured situation outside of a game situation. With the students having a blocked view of the object they had to rely on pure reaction when in first sight of the object. We were seeing a high percentage of students getting in a set position, with hands out and in a loaded position before the objects were being delivered.

With my extensive involvement in competitive and representative rugby, I see the Total Reaction Screen as a beneficial tool that will help the development of fundamental skills that will lead into continued development in whatever sports path students will take. The more that you are able to replicate a pressured game like situation, the more likely students will respond in a positive manner in a game situation.

Michael Marshall
Bachelor of Physical Education
Diploma in Education